

## *First Eucharist*

First Communion- means to be united with; Catholic's believe that in Holy Communion we are united in a special way with Jesus Christ. Holy Communion and the whole celebration is also known as Eucharist, from a Greek word meaning thanksgiving.

### Why?

At the last supper, the bread that Jesus shared among his followers, he said *"Take and eat, this is my body. Take and drink, this is my blood."* When we receive Holy Communion, Catholics believe that in a mysterious way we are sharing in the body and blood of Christ.

### Preparing your Child for First Eucharist

A further step in becoming one with Christ and united with the People of God. First Eucharist takes place at about Year 4, School age. Children should have an understanding of the sacrament. The church believes that parents are the first educators of the children in their faith.

### Readiness for First Eucharist

You will ask yourself:

- Does my child have a real relationship with God?
- Does he or she talk to God, at bedtime, before meals, at special times?
- Does my child know many stories of Jesus, including the last supper?
- Is my child developing an understanding that God is important in their life and in our family life?
- Is he/she used to coming to Mass?
- Does he or she know the parish priest or people of the parish?

***In our Parish, the First Eucharist preparation for a child is done through the Catholic Primary Schools. Otherwise, if attending a Government school they are advised to attend the Parish Catechism Class to prepare them as they receive the sacrament.***

***Any Questions call the Parish Office on 95812061.***

